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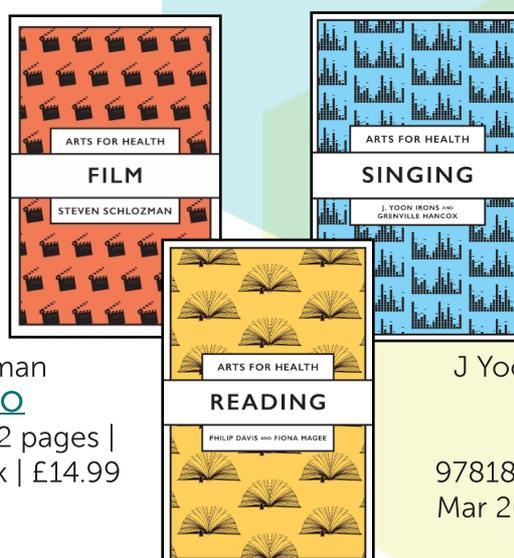
## Launch of new 'Arts for Health' series

### Series Editor

Paul Crawford (Professor of Health Humanities, School of Health Sciences, University of Nottingham, UK)

For a long time now, creative activities in the arts and humanities have offered people worldwide a kind of shadow health service, a non-clinical means of maintaining or improving their health and wellbeing. But information about the potential benefits of engaging with creative activities for physical or mental health has not always been made clear.

The new 'Arts for Health' series – launching in October 2020 - offers a ground-breaking set of short, easy-to-read books. Aimed at those caring for themselves or others, health and social care professionals, and those working in charitable or community-led social and cultural initiatives, the books focus on the ways different creative activities or practices can help people stay healthy or improve their physical and mental health. Each book in the series provides: an introduction and history to the particular creative activity (for example, dancing) in human society; an overview of why the activity is valuable for a person's health and wellbeing; examples and case studies of how the creative practice can be applied or experienced to improve physical or mental health; information about what helps or what blocks participation in the activity; approaches to how the creative activity can feature in different contexts, from the family home to care homes, community services and hospitals; and a list of useful links and suggested further reading. Forthcoming titles in the series: *Painting, Drawing, Music, Theatre, Photography, Storytelling, Gaming and Game Design*.



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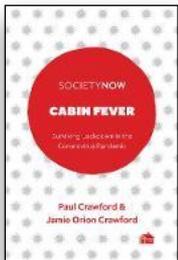
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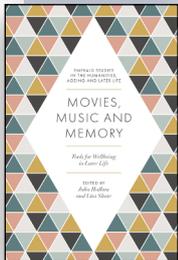
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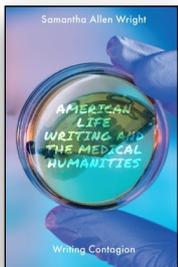
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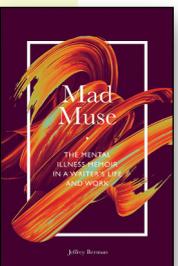
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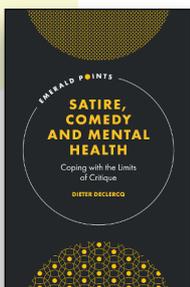
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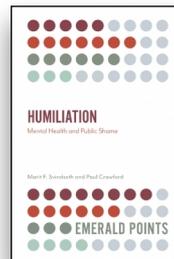
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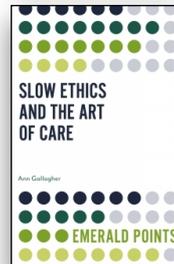
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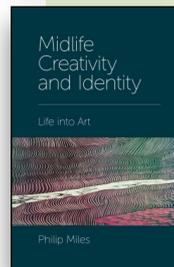
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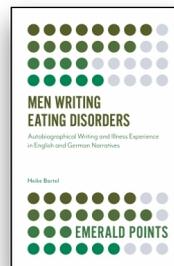
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